# Eau Claire County Teen Substance Misuse Resources

### Local Peer and Family Support

Services and meetings for those struggling with substance use and their friends and family

### **Al-Anon**

Support group for families and friends of those with an alcohol use disorder. Find a chapter near you. al-anon.org or area61afg.org

Ph: 715-833-1878

### At the Roots

Peer run mental health and substance use recovery organization for individuals and families. Services include 1:1 meetings, group options, events and support for people in recovery, and Community Reinforcement and Family Training (CRAFT), a free program for people who have a loved one struggling iwth substance misuse.

AtTheRootsllc.com Ph: 715-598-7020

### C.C. We Adapt

Peer support/mentorship for a variety of reasons. Mentors who have lived experience want to help lead participants to the healthy, happy, life that they deserve. <a href="https://www.ccweadapt.com">www.ccweadapt.com</a>

Ph: 715-456-0252

### **Community Comprehensive Services**

CCS is a voluntary program designed for Eau Claire County residents of all ages coping with a mental health and/or substance use condition.

https://bit.ly/3DSql82

Ph: 715-839-7118

### **Family Resource Center**

Parenting resources and seminars, as well as events, group learning and sharing opportunities.

www.frcec.org Ph: 715-833-1735

### L.E. Phillips Libertas Center

Free family and friends' educational group on substance use disorders.

www.libertascenter.org

Ph: 715-723-5585

### Nar-Anon

Support group for family and friends of those with a substance use disorder.

naranonmidwest.org

### Free Online Resources

Find local resources, treatment options, and online support.

### 211 Wisconsin

• Statewide resource for finding substance use treatment and recovery services. The helpline is free, confidential, and available 24/7.

addictionhelpwi.org Ph: 211

### **Alateen Online Meetings**

• *Al-Anon Family Groups* app AlcoholicsAnonymous.com

#### Nar-Anon

https://www.naranonchat.com/

### **SAMHSA's Helpline**

• Referral for treatment or support

Call 1-800-662-HELP

Text your zip code to 435748

### **SMART Recovery Family & Friends**

 Resources to help support someone struggling with addiction

www.SmartRecovery.org/family/

### 988 Suicide and Crisis Line

Ph: 988

## Local Mental Health and Support Services

There are many places to turn when you need support. Below is information for local mental health and support services. Cost of service may depend on your insurance.

#### **Caillier Clinic**

www.CaillierClinic.com Ph: 715-836-0064

### **Children's WI - Community Services**

www.childrenswi.org Ph: 715-835-5915

### **Chippewa Valley Free Clinic**

www.cvfreeclinic.org Ph: 715-839-8477

### **Clearwater Counseling & Personal Growth Center**

www.clearwatercounseling.com

Ph: 715-832-4060

### Collaborative Counseling - Eau Claire & Telehealth

www.collaborativemn.com 763-210-9966

### **Community Counseling Services - Chippewa Valley**

www. community-counseling-services. com

Ph: 715-723-1221

### **EC Area Hmong Mutual Assistance Association**

www.ecahmaa.org Ph: 715-832-8420

### **EC Co. DHS Community Support Program**

Ph: 715-839-2300

### **Family Therapy Associates**

www.ftacounseling.com

Ph: 715-246-4840

### The Healing Place

http://bit.ly/3h06kZv Ph: 715-717-6028

For a full list of services, visit the Resources tab on

ECHealthAlliance.org

or scan the QR code below





### L.E. Phillips Libertas Center

www.libertascenter.org

Ph: 715-723-5585

### **Lutheran Social Services - Eau Claire**

www.lsswis.org Ph: 877-967-5577

### **Marriage and Family Health Servies**

www.marriageandfamilyhealthservices.com 715-832-0238

### National Alliance on Mental Illness - Chippewa Valley

www.namicv.org Ph: 715-450-6484

#### **Northwest Connections**

Crisis Line: 888-552-6642

### **River City Counseling**

Ph: 714-514-0455

### **UpLift WI**

Ph: 534-202-5438

### **Vantage Point Clinic & Assessment Center**

www.vantagepointclinic.com

Ph: 715-832-5454

### **Wellness Shack**

www.wellnessshack.org

Ph: 715-836-7710

### **Western Region Recovery and Wellness Consortium**

http://bit.ly/3zEks1f Ph: 715-726-7788

#### 988 Suicide and Crisis Line

Ph: 988

### Tobacco resources

### **Wisconsin Tobacco Quitline**

quitline.wisc.edu/livevapefree/ Text "VAPEFREE" to 873373

### **Smokefree Teen**

teen.smokefree.gov

IF YOU DON'T KNOW WHERE TO SEEK SUPPORT,
TALK TO A TRUSTED ADULT OR CALL 211.